



Healthy Happy Home

Pre- Consultation Client Questionnaire.

Name (s):

Address:

Postcode:

Telephone:

Who lives in your home?

Name:	Date of Birth:	Soul Tribe Profile



ABOUT YOUR HOME

How long have you lived at this address?

What knowledge do you have of the previous owners?

For instance, were they happy, married, successful, prosperous?

Are you aware of any health problems previous residents may have had? If so, what were they?

How about your neighbours; are they friendly, do they have any major health issues?



Is there a loft or attic space at the property? What if anything is stored there?

Which is your favourite part of the house and why?

Which is your least favourite and why?

Is there anything else about the property that may be useful for us to know?
Old history or hearsay perhaps?



ABOUT YOU

Your Current Life Evaluation

This is your life and your home is a reflection of you.

For our consultant to be able to focus on the priorities you have in your life, we need you to reflect on the 9 Life areas.



The purpose of this exercise is to help you identify the areas of your life that you feel need attention. By relating the 9 Life areas to the relevant areas of your home we can recommend improvements.

It is important that you are honest with yourself when completing this exercise so that you can obtain maximum benefit from your Healthy Happy Home Consultation.

To complete the exercise, you need to identify where you are right now, on a scale of 1 to 10 (1 = very poor / needs a lot of attention and 10 = excellent / needs no attention) for each of the 9 Life areas,.

To do this, first read the descriptions of the various scenarios that relate to levels 1 and 10 respectively.



Life Area	 Very Poor Needs Attention	 Excellent Needs No Attention
1. Purpose Life's Journey	I feel like I'm swimming against the tide. I don't like my job. I'm thinking of changing career. I am out of work and finding it difficult to get a job.	I feel that my life is flowing along well. I'm on the right path. I really like my work. I feel fortunate to be doing what I really want to do.
2. Love Relationships	I feel isolated and lonely. I do not have a partner and there are no 'would-be' partners asking me out. I'm unhappy in my relationship and thinking of separation / divorce. I've had a string of bad relationships.	I have a fulfilling relationship with my partner. My partner gives me lots of love and attention. I have a good social life with lots of 'would-be' partners asking me out. I feel loved all the time. I find it easy to love.
3. Health Family Elders	I have / had a difficult relationship with one or both of my parents. I don't see / speak to my parents very often. I'm unhappy in relation to my past. I don't get on well with my boss.	I have / had a good relationship with both of my parents. I see / speak to my parents often. I'm happy in relation to my past. I respect my elders. I get on well with my boss.
4. Abundance Wealth	I feel I'm having bad luck at the moment. Money is tight / non-existent. My income is insufficient to meet my outgoings. I have debts that need clearing.	Good fortune occurs readily in my life. I make a good income and cash flow is not a problem. I feel lucky and others view me as lucky. Things tend to show up just when I need them.
5. Harmony Well-Being	My physical, mental or emotional health is poor. I have no energy. My memory and / or concentration are poor. I feel emotionally unstable / insecure.	My physical, mental, emotional health is good. I have lots of energy. My memory and concentration are good. I feel emotionally secure.
6. People Friends Mentors	In times of need I always seem to be alone. I have few friends. I neither have the time or money to give to others who are in need. Friends don't call on me for help / support.	In times of need my friends are always there for me. People seem to turn up just when I need them. I am generous and supportive with both my time and money. Friends turn to me for help.
7. Happiness Children Creativity	I have no children and don't like them. I want children, but haven't been able to conceive. I have children, but we don't get on very well. I don't feel creative.	I don't have children, but love those of others. I have lovely children, and they are my life. I am very creative with my work and / or hobbies.
8. Peace Wisdom Quiet Contemplation	I have little or no time for quiet contemplation. My head is always busy, and I find it difficult to clear my thoughts. I feel stressed most of the time. My life is practical and monotonous.	I find time daily to be by myself. I meditate (or walk, do yoga or Tai Chi, etc.) on a regular basis, and find it easy to clear my thoughts. I feel calm most of the time. My life is a beautiful spiritual journey.
9. Passion, Success, Fame Illumination	I'm unclear as to my purpose in life. I gain little pleasure from life. I do not feel fulfilled. I never seem to be recognised / appreciated for the work that I do.	I am clear as to my purpose in life. I enjoy my life. I feel fulfilled in what I do. I am highly respected in my work. I feel respected / valued as a human being.



Please use your honest judgement to indicate below where you are right now on a scale of 1 to 10 for each area.

The scores that you choose are a guide for us to identify the priority of attention.

Please circle one number between 1 and 10 for each life area:

Life Area	Priority Level for each area.									
1. Purpose	1	2	3	4	5	6	7	8	9	10
2. Love	1	2	3	4	5	6	7	8	9	10
3. Health	1	2	3	4	5	6	7	8	9	10
4. Abundance	1	2	3	4	5	6	7	8	9	10
5. Harmony	1	2	3	4	5	6	7	8	9	10
6. Friends	1	2	3	4	5	6	7	8	9	10
7. Happiness	1	2	3	4	5	6	7	8	9	10
8. Peace Wisdom	1	2	3	4	5	6	7	8	9	10
9. Recognition Illumination	1	2	3	4	5	6	7	8	9	10

Having completed the Life Evaluation form which three areas would you like to prioritise?

Priority 1 Life Area:

Priority 2 Life Area:

Priority 3 Life Area:



Please expand regarding your reasons why to guide our Consultant.

Priority 1 Life Area:



Priority 2 Life Area:



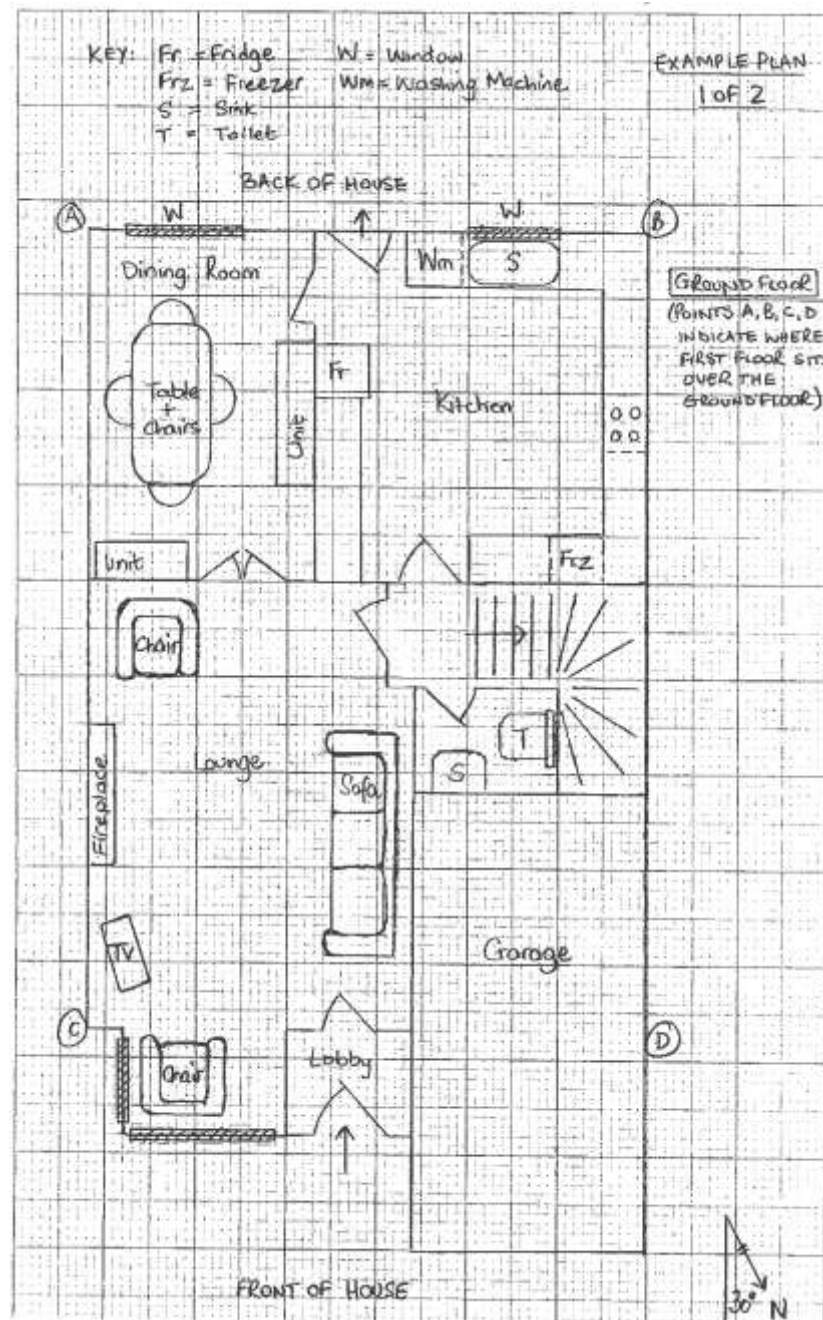
Priority 3 Life Area:



Please create a floor plan of your home

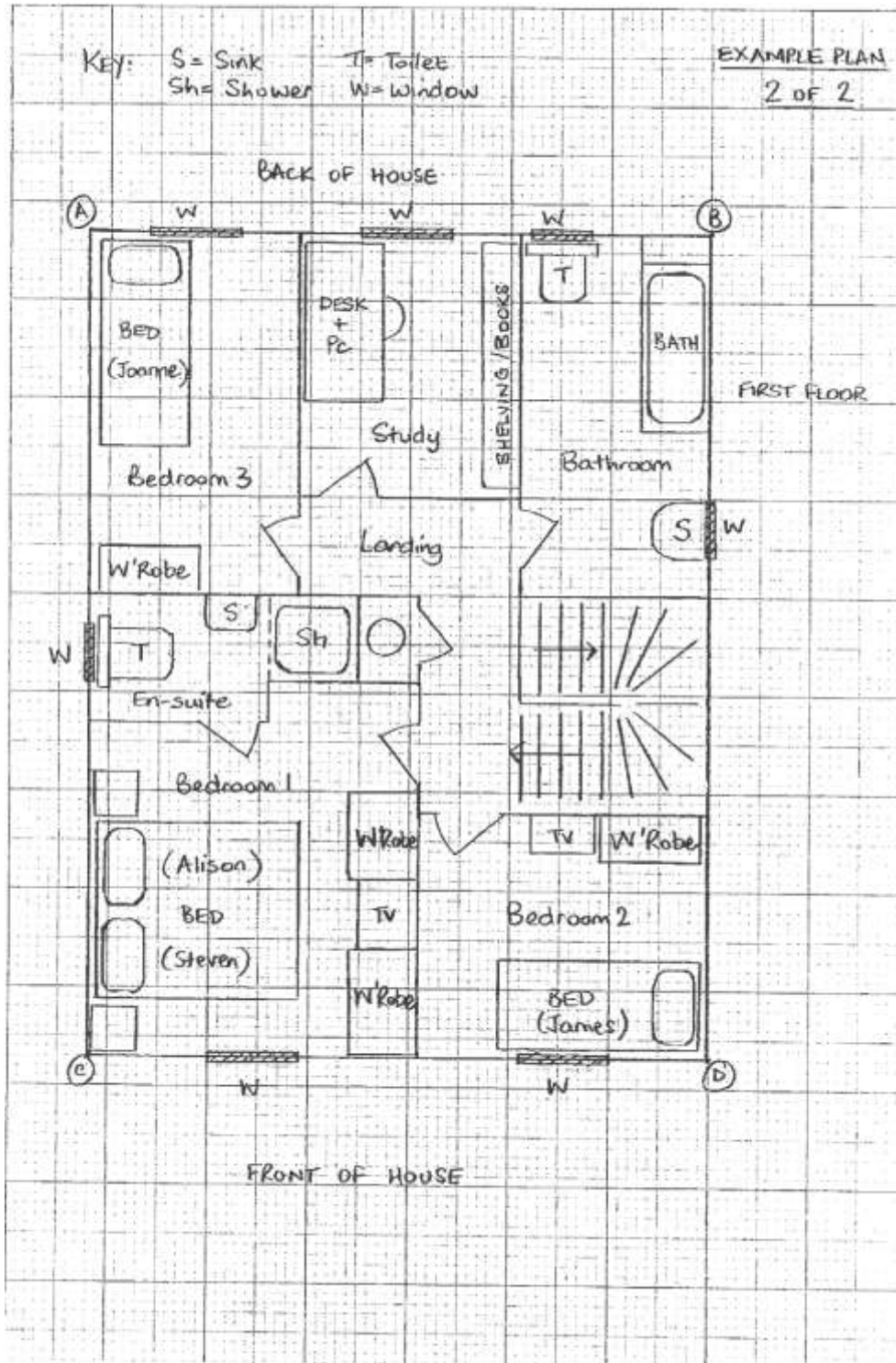
Please create a floor plan of your home one for downstairs and one for upstairs .. Then find the compass direction North and mark it on the plan.

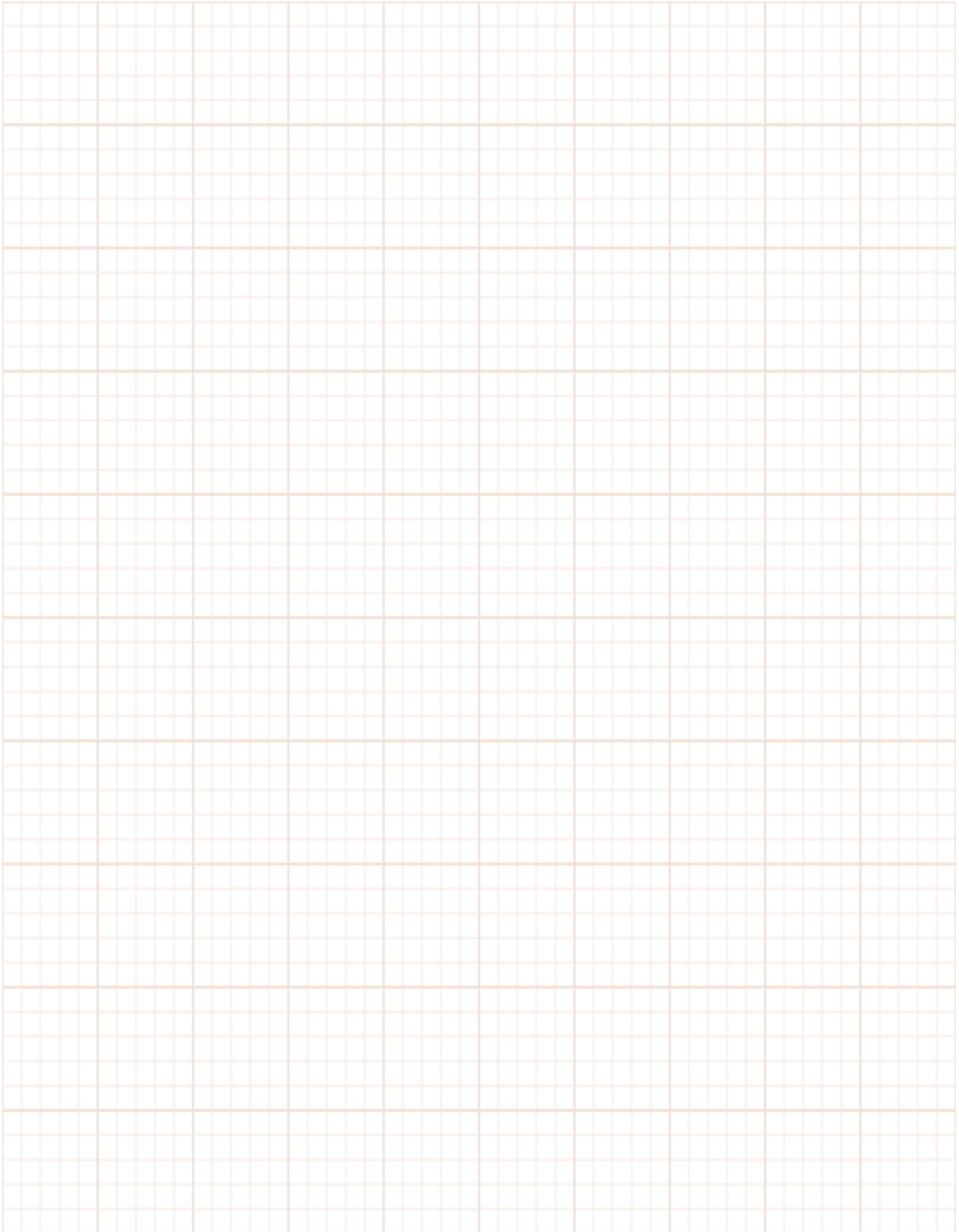
Example of Downstairs Plan is below:-





Example of Upstairs plan.







Is there anything specific you wish to achieve from your consultation?

Please share here .



Thank you for completing this Pre- Consultation Questionnaire

We look forward to supporting you on your journey to living a happy healthy abundant life full of love.

With Appreciation and Gratitude from

Lionel and Dawn



Healthy Happy Home Consultants

Healthy Happy Hub Ltd

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